

WAITANGI DAY

FRIDAY 6TH FEBRUARY 2026

7:05 - 7:50AM

LES MILLS BODYBALANCE - Virtual

8:00 - 8:45AM

LES MILLS BODYPUMP HEAVY - Annette

8:30 - 9:15AM

LES MILLS RPM - Dave

9:00 - 9:45AM

AQUA - Marisol

9:15 - 9:45AM

LES MILLS BODYSTEP - Kirstie

9:45 - 10:15AM

LES MILLS CORE - Kirstie

10:30 - 11:15AM

AQUA - Maria

10:30 - 11:30AM

LES MILLS BODYBALANCE - Kirstie

12:00 - 12:30PM

LES MILLS SPRINT - Virtual

1:00 - 2:00PM

PILATES - Ana

4:00 - 5:00PM

LES MILLS BODYBALANCE - Virtual

4:45 - 5:30PM

LES MILLS RPM - Virtual

5:30 - 6:30PM

LES MILLS BODYPUMP - Virtual

6:00 - 6:45PM

LES MILLS THE TRIP - Virtual

CLASSES ARE FREE FOR ASPIRE MEMBERS

